

## Children's Books

- ★ [The Lovables in the Kingdom of Self-Esteem – Diane Loomans](#)
- ★ [I Believe in Me – A Book of Affirmations – Connie Bowen](#)
- ★ [I Think, I AM: Teaching Kids the Power of Affirmations – Louise Hay](#)
- ★ [Have You Filled a Bucket Today? A guide to Daily Happiness for Kids – Carol McCloud](#)
- ★ [How Full Is Your Bucket – Tom Rath and Mary Reckmeyer](#)
- ★ [Fill a Bucket – A Guide to Daily Happiness for Young Children – Carol McCloud](#)
- ★ [The Juice Box Bully – Empowering Kids to Stand Up for Others – Bob Sornson](#)
- ★ [No Excuses! – How What You Say Can Get in Your Way– Wayne Dyer](#)
- ★ [Tiger Tiger Is It True? 4 Questions to Make You Smile Again – Katie Byron](#)
- ★ [Incredible You! 10 Ways to Let Your Greatness Shine Through – Wayne Dyer](#)
- ★ [Unstoppable Me - 10 Ways to Soar Through Life - Wayne Dyer](#)
- ★ [On My Way to a Happy Life- Deepak Chopra with Kristina Tracy](#)
- ★ [Whoever You Are – Mem Fox](#)
- ★ [Moody Cow Meditates – Kerry Lee MacLean](#)
- ★ [Peaceful Piggy – Kerry Lee MacLean](#)
- ★ [Sitting Still Like a Frog – Mindful Exercises for Kids \(And Their Parents\) – Eline Snel](#)
- ★ [Meditation is an Open Sky – Whitney Stewart](#)
- ★ [A Handful of Quiet – Happiness in Four Pebbles- Thich Nhat Hann](#)
- ★ [What Does It Mean to Be Present – Rana DiOrio](#)
- ★ [What Does It Mean to Be Kind – Rana DiOrio](#)
- ★ [What Does It Mean to Be Global – Rana DiOrio](#)
- ★ [The Wonderful Things You Will Be – Emily Winfield Martin](#)
- ★ [Buddha at Bedtime – Tales of Love and Wisdom to Read with your Child to Enchant, Enlighten, and Inspire - Dharmachari Nagaraja](#)
- ★ [The Buddha's Apprentice at Bedtime – Tales of Compassion & Kindness to Read with Your Child to Delight & Inspire – Dharmachari Nagaraja](#)
- ★ [Nightlights – Stories to Read to Your Child to Encourage Calm, Confidence, and Creativity - Kate Petty & Joyce Dunbar](#)
- ★ [Angry Octopus: An Anger Management Story – Lori Lite](#)
- ★ [The Oak Inside the Acorn - Max Lucado](#)